



NON-SURGICAL PAIN RELIEF CLINIC

Building Better Bodies™

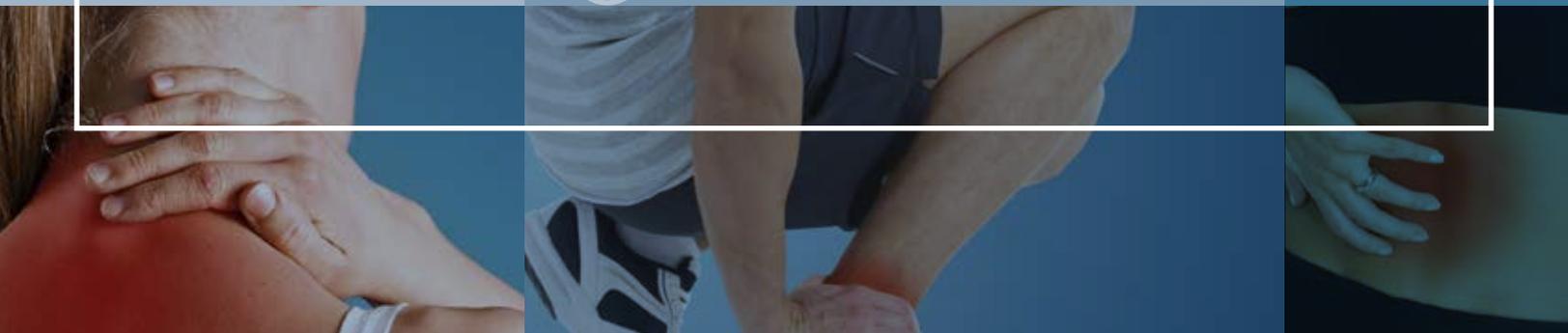
Please take a moment to listen to what some of our patients have to say about what we've been able to do to help them...

NON-SURGICAL PAIN RELIEF CLINIC

Proven, science based treatment methods to effectively eliminate or greatly reduce pain, numbness, and progressive weakness in the spine, arms and legs. Don't waste another day taking harmful pills or shots for your condition. We offer quick non-surgical, non-drug treatment programs designed to return your body balance, so that you can enjoy life to your full potential.

CONDITIONS WE TREAT

- 1 WHIPLASH
- 2 NEUROPATHY
- 3 CHRONIC PAIN



Auto accidents create extraordinary injury to the body because of the force and speed of the impact. Without proper treatment, these injuries quickly can become progressively more severe and result in chronic unmanageable pain and dysfunction of the body. Our scientific methods of treatment address these injuries in a systematic way to reduce and eliminate them forever. Call us for a consultation with our doctors to see if we can help you recover permanently.

“I have never been to a chiropractor before but I’ve had an excellent experience here!”

—Erica Schmidt

Whiplash





**Very friendly staff
& very flexible
schedule.
Very thorough
doctors!**



TESTIMONIALS

"I WAS IN CONSTANT pain from a car accident. My brain was fuzzy and I kept forgetting things. This was very difficult for me since I am a 3rd degree black belt and martial arts instructor. Getting adjusted gave me an immediate sense of wellbeing and I am moving much more freely now with the treatment. My martial arts training is safer and better, and I have much less pain from sitting in my office chair at work. Once my corrective care program is complete, I plan on making chiropractic care a permanent part of my preventative health program. I am extremely grateful for the caring attitude of all of the staff and doctors. Everyone seems happy there and they treat people with high value. They seem to make it their mission to improve your quality of life in every way possible. Way above and beyond any expectation!"

—*Kelly Carman*

"I CAME IN TO the Arlington Spine Center with pain in the lower back and left hip and walk with some difficulty. The hip really hurt. Now after treatment, I am walking more freely. It is good to be more mobile. I hope for continual improvement and want to delay any hip surgery into the far future, if I need it at all. I now see the body as having an inborn, ability to heal itself with the help, in this case of chiropractic treatment. My doctors here listen to me, listen to what I want for treatment and incorporate it into a treatment plan to get me better!"

—*Allen Backstrom*

"I WAS IN AN auto accident and my neck hurt all of the time and I had constant daily headaches. Just get-

ting through each day was difficult because of the pain. Now, after treatment at the Arlington Spine Center, my neck does not hurt very much and I have days when it does not hurt at all and my headaches have almost gone completely away! I feel the staff here cares about my health and helping me regain my health. I also feel they love what they do and really care about their clients!"

—*Debra Morris*

"MY NECK WAS IN constant pain, it hurt to turn my head, and the pain traveled from my neck to my shoulder and back. Now my shoulder and back pain are gone. My neck has gotten so much better and I am able to move my neck with no pain! Drs. Peseau and staff are excellent and very helpful. They came very highly recommended."

—*Marijune Turner*

"I CAME IN WITH pain in the shoulder, neck, mid and lower back and now after treatment I have no pain, and only have slight stiffness that comes and goes. I can now do regular activities that were difficult before treatment. I believe that recovery would have been much longer if not impossible without my chiropractor. The clinic staff is very friendly and helpful".

—*Shani Rowel*

"VERY PERSONABLE AND FRIENDLY doctors and staff! You care for your patients. You have made us feel welcome and that our conditions are getting treated properly and efficiently. I feel we are making great steps towards full recovery".

—*Amanda Hargroves*

"I CAN'T EXPRESS THE pain and trouble I was having before coming in. Now after treatment, I am so improved and grateful! I can work an 8 hour shift on my feet and not hurt. I am doing better with walking, have less headaches and fewer muscle spasms. Now I feel better walking. Very friendly staff and very flexible schedule. Very thorough Doctors!"

—*Matt DeBerry*

"AFTER BEING INVOLVED IN an auto accident, I had a sore and stiff back and a painful wrist. I met with Dr. Peseau, who performed an examination and explained my x-rays and treatment plan in an easy to understand way. I have kept all of my appointments and have been faithful with my home care program Dr. Peseau recommended and now I am virtually PAIN FREE in all affected areas. This has been my first chiropractic experience, and the staff is very friendly, accommodating and willing to help and work with your schedule!"

—*Matthew Moore*

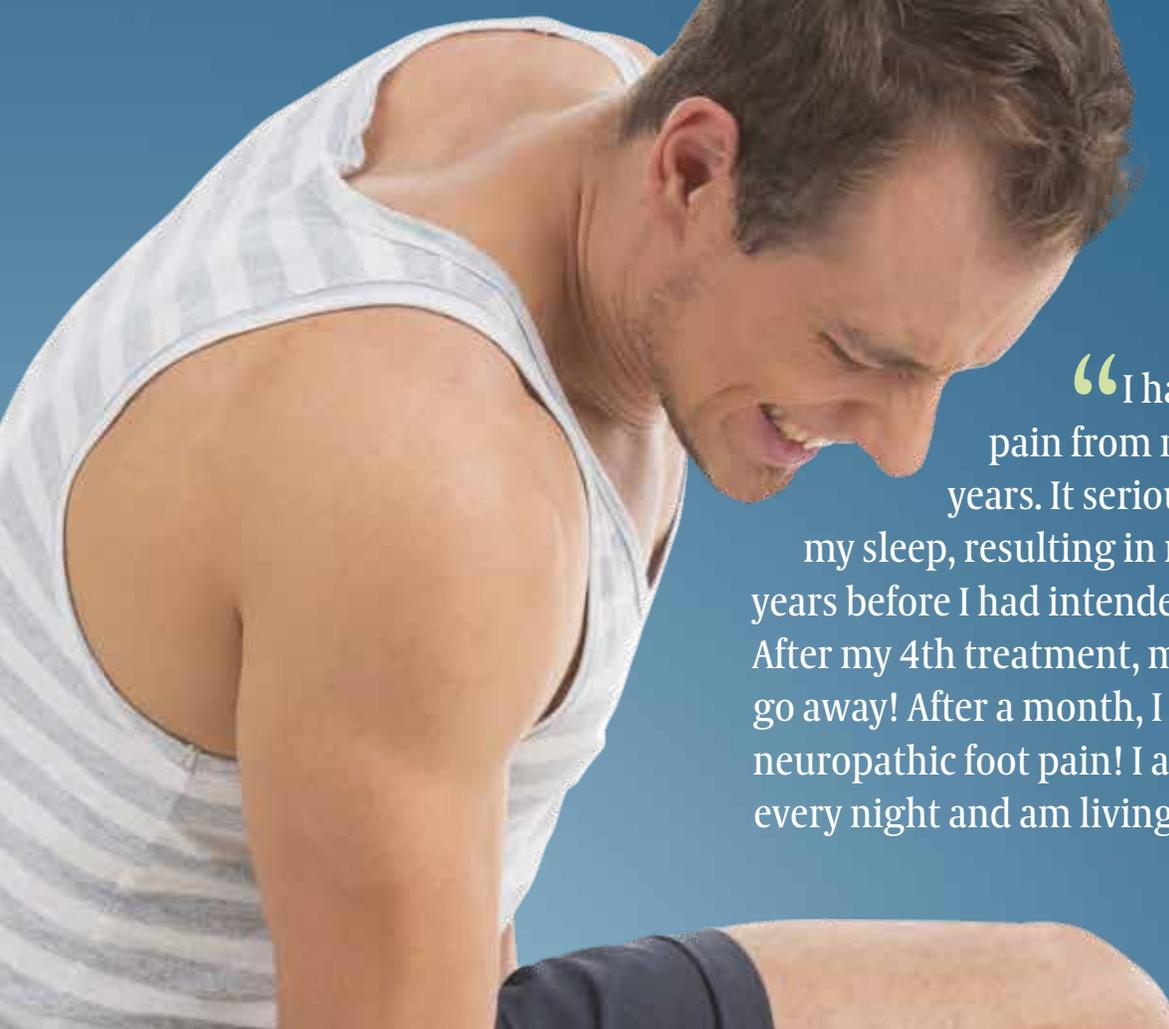
"VERY FRIENDLY, HELPFUL STAFF. Other offices herd people in like cattle, then treat them as "cash machines" trying to sell them all manner of services and devices. There is no "sell" going on at the Arlington spine Center, just wellness care"

—*M.J. Drush*

"I'VE BEEN TO OTHER clinics and they did nothing for me. Since my auto accident, I started seeing Dr. Peseau, I have had significant improvement. The neck pain which caused tingling into my arm and shoulder are gone. Living without pain is great!"

—*Alice Sturgeon*

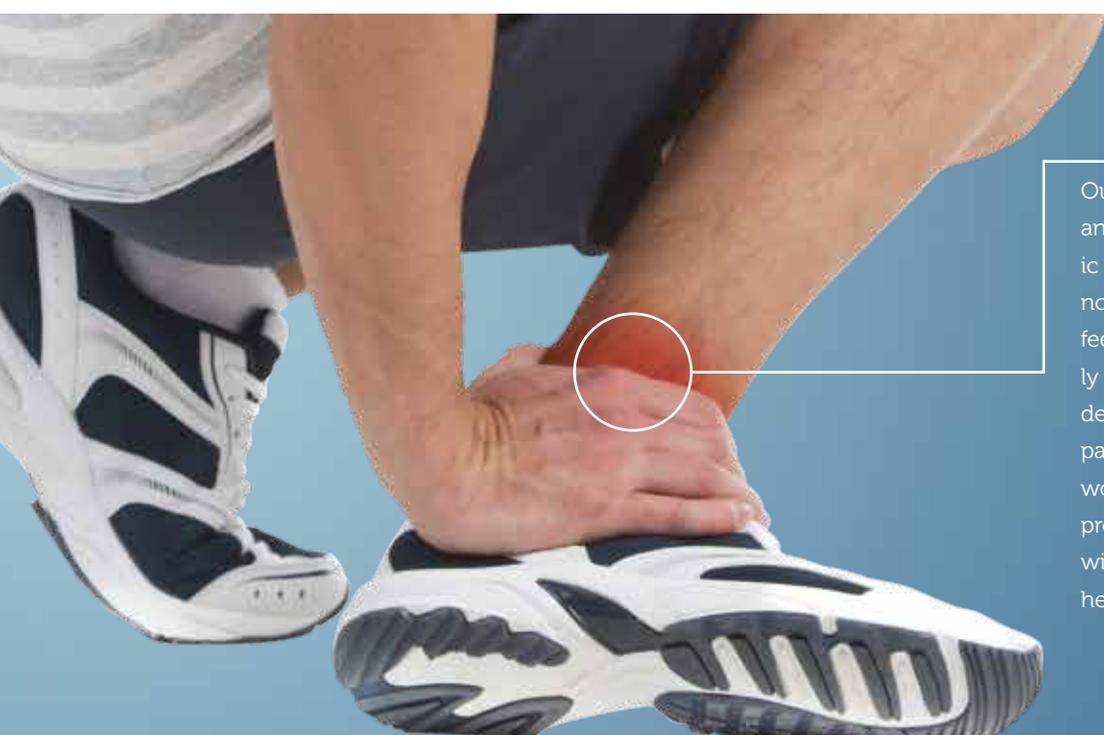
— Non-Surgical Pain Relief Clinic —



“I had endured severe foot pain from neuropathy for several years. It seriously interfered with my sleep, resulting in retirement several years before I had intended to end my career. After my 4th treatment, my foot pain started to go away! After a month, I experienced no more neuropathic foot pain! I am now sleeping well every night and am living an active life again.”

—Ken Taylor

Neuropathy



Our clinic specializes in the exact diagnosis and targeted treatment program of chronic neuropathy. We help patients to restore normal nerve and blood vessel function of feet and hand neuropathies with scientifically proven and effective treatment programs designed to restore normal body function in patients that have often been told that they would have to “live with it” by their medical providers. Call us today for a consultation with one of our doctors to see if we can help you!

TESTIMONIALS

"I HAD A HARD time moving my head to the left and had neuropathies in my feet that caused the sensation of needles sticking into my feet and numbness most of the time. This was causing me to lose sleep. Now, as I am going through the treatment program, I have more motion in my neck, less pain in my feet and I sleep much better. I am more comfortable at work and am walking better. I am feeling better, much more relaxed and am looking forward to continued improvement. The doctors and staff are a friendly group, informative and this is a relaxed place to visit"

—Stephen Clark

"BEFORE COMING TO ARLINGTON Spine Center, I was unable to do things I enjoy, like camping and gardening because of my foot neuropathy and sciatica from my low back. Since I have been receiving treatments from Dr. Peseau, I feel much happier and not in constant pain! I can

almost impossible. After consulting and getting an exam, I found out that the problem was due to a pinched nerve in my lower back, so I began a treatment program of decompression, adjusting and therapy. Now, I feel 100% better. I can walk and sleep very well. Also, when I breathe, I feel like I just took my first breath! I can now bend down at the waist and not get stuck. I am very grateful to have discovered the doctors here and can now live a happy comfortable life! The doctors and staff are very comforting and friendly. They take time to focus on the actual problem regardless of what it is!"

—Celeste Loney

"I CAN'T EXPRESS THE pain and trouble I was in before coming in. Everything hurt! Now, I am so improved and grateful. I am so thankful for the treatments and resulting improvements and look forward to each day without the previous pain. I can now work an 8 hour shift and not

"I WAS IN CONSTANT pain in my left hip, buttock and knee and was using a cane to walk. I had to discontinue my walking and exercise routine. I also discontinued gardening and routine housekeeping. Now after decompression treatment I am having almost no pain and am able to resume almost all activities. I am delighted of becoming more mobile and am able to take part in my church and community events. Doctors Scott and Rhonda are very warm and genuine in addition to being thorough in their treatment plan. The staff is fantastic. Everyone is so cheer full. What joy when you are suffering to see smiling faces!"

—Mary Buzzle

"I HAD ENDURED SEVERE foot pain from neuropathy for several years. It seriously interfered with my sleep, resulting in retirement several years before I had intended to end my career. I sought help from several



now walk. I look forward to continue to feel better and enjoy my life again. The doctors and staff here want to help you feel better and not just take another pill, but really fix the problem causing the symptoms!"

—Trish Gilbert

"I HAD NEUROPATHY IN my legs and feet and could not walk for any length of time. I would be pooped out by 11 or 12 but now after treatment, I can go till at least 4pm and can walk farther. I can drive farther, I can stand at the sink longer, and my balance is better!"

—Lynn Hustace

"BEFORE, I HAD BEEN suffering intensive pain, mostly in my legs and feet and it was so bad, that I had a hard time walking and the burning pain in my feet made sleeping

hurt like I did. I am doing better with walking and have regained my balance. Everyone here is wonderful. I am very comfortable coming in. Very caring, professional and warm office and staff!"

—Diane VanVolkenburg

"I CAME TO THIS clinic after an E.R. visit where I was certain I was having a heart attack, but Dr. Peseau explained the source of my arm and hand pain was a neuropathy from a spine problem. My pain hurt so bad I was in tears, but now with care from Drs. Peseau I am able to smile and I am able to endure. Along with their staff, they treat patients like family. I would recommend the Arlington spine Center to anyone!"

—Eric Russell

medical professionals who told me that there was nothing that could be done to alleviate the pain other than to take strong medicines. My wife found an ad for Dr. Peseau and I went in, was evaluated, and Dr. Peseau explained the cause of my foot pain and recommended a treatment plan. After my 4th treatment, my foot pain started to go away! After a month, I experienced no more neuropathic foot pain! I am now sleeping well every night and am living an active life again. The Arlington Spine Center has unique equipment and the doctors have specialized training to help neuropathy patients. The treatment is painless and the doctors are excellent communicators. I am so blessed to have found them!

—Ken Taylor

— Non-Surgical Pain Relief Clinic —



“I had my back hurting so bad I could hardly stand at times. Now, after treatment, I feel much better, the pain is a lot less and I can touch my toes with ease! The doctors and staff are very caring.!”

—Linda Cope

Chronic Pain



Chronic pain has many causes and our doctors specialize in the accurate diagnosis and in prescribing targeted treatment programs designed to eliminate the source of pain and restore the body back to normal pain free, healthy function. Our patients understand the structural problems that contribute to their chronic pain and are given the tools to recovery and to keep a healthier body for life. Call us today to start your own recovery from chronic pain! There is HOPE!



Everyone here
is wonderful.
I am very
comfortable
coming in.



TESTIMONIALS

“I HAD YEARS OF pain including headaches, neck pain, mid back and low back pain. I came in for a consultation and examination with Dr. Peseau and received a thorough exam and explanation of the “causes of my condition” and was given treatment choices. Now, after beginning treatment, I feel much better. I used to have so much pain in my neck that I would have to turn my whole body to look sideways. Now I can move my neck side to side and my pain has decreased from 8/10 to 1-2/10! Now I feel hopeful that I will be able to stay active, realizing my spine, rigid joints and muscles are not stuck! The future looks and also feels great! This office is very caring, knowledgeable and they have current technologies and equipment available on site. They are very accommodating and customer oriented. Not just a business, but a lifestyle and passion. They are all committed to your well-being!”

—Nancy Cote, RN

“WHEN I FIRST CAME to this office, I was hopeless, sad, and felt like I was old before my time. I felt like there was no way of improving my pain issues and I was just going to feel broken and hurt for the rest of my life. Now, after beginning treatment, I feel like there is hope back in my life, that I can improve, and the doctors and staff really care about me and my situation. I feel like I can get better instead of feeling like there is no hope. Also, since beginning treatment, I can be active longer during the day. I don't cry at night from the pain in my body. Driving does not hurt as bad as it used to. I can't wait to keep improving every day! This is changing my life in a wonderful and positive way. I am excited about feeling young again! The

doctors and staff here are like no other! They truly care about people as individuals. They have true compassion for my situation and what I have been going through and you just know in their hearts. They are wonderful! I wish all doctors could be so great!”

—Janna Paris

“I CAN'T EXPRESS THE pain and trouble I was in before coming in. Everything hurt! Now, I am so improved and grateful. I am so thankful for the treatments and resulting improvements and look forward to each day without the previous pain. I can now work an 8 hour shift and not hurt like I did. I am doing better with walking and have regained my balance. Everyone here is wonderful. I am very comfortable coming in. Very caring, professional and warm office and staff!”

—Diane VanVolkenburg

“I SUFFERED FROM CHRONIC headaches, neck and back pain, right arm and leg pain (sciatica). After starting treatment at Arlington spine center, I have much less frequent headaches and my neck/back pain and sciatica are much better! The doctors use different techniques and devices to reduce pain. They use different techniques to manipulate the spine than other doctors I have been to. The treatment has been highly effective and seems to help me.”

—Gary Lewis

“BEFORE COMING IN, I felt extremely frustrated. My knee pain had altered my active life and I was not finding relief through physical therapy. My knee pain before treatment was a constant part of my every day for 8 months and now I have relief throughout the day. I feel that we have

isolated the source of my pain and are positively working through the cause, which comes from my spine. The doctors at Arlington spine Center use special techniques to help aid their patients, but the asset they utilize most is their ability to listen and then use what they have learned about their patient's condition to arrive at a successful treatment plan. Then they continue to listen to their patients and adjust the treatment as needed.”

—Julie Witte

“I COULD NOT WALK upright and I was bent over and could only walk short distances. I could not sit and could only get comfortable lying on my back. Now after treatment at the Arlington spine Center, my back pain is mostly gone, the sciatica pain is gone and I can walk, sit and stand are not bad anymore. The decompression treatment has helped relieve the sciatica pain making it possible to be active again. The doctors here seem to want to find a solution that will fix your problem.”

—Paula Shockman

“I AM SLEEPING BETTER and getting a better quality of life. My lower back tightness and pain are almost alleviated. All the doctors and staff seem to care not only about how you are feeling, but care about you and are interested in hearing about you.”

—Todd Summers

“I CAME IN WITH lots of pain, now I have less pain and can lift more weight. The doctors and staff are great!”

—Mathew Davis

— Non-Surgical Pain Relief Clinic —



You Could Be Getting Similar Results!

Find out how you can be helped by our non-surgical, drugless treatment for all types of back, joint pain, neuropathy, shoulder, wrist, elbow, hip, knee and foot pain, numbness or weakness.

Call **360-474-9900** to schedule an immediate appointment with **Drs. Scott and Rhonda Peseau** at the **Arlington Spine Center** and start on the road to recovery, improved function and enjoyment of life!

Same Day Appointments are always available!

PAIN RELIEF & A
BETTER LIFE ARE
JUST A SIMPLE
PHONE CALL AWAY!
DO SOMETHING
ABOUT IT TODAY!
360-474-9900

– Non-Surgical Pain Relief Clinic –

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